

Training Opportunity Bulletin (TOB)



Warehouse Training Program



2121 29th Street NE, Calgary AB



Centric Health Corporation (LifeMark Health)



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Individuals should be ready, willing and able and have sufficient physical and mental health to participate in fulltime employment. They have exhibited barriers to obtaining/maintaining employment but are motivated to learn new warehousing occupational skills.



Training material will embed each of the nine essential skills as a mechanism of improving the skills and increasing marketability to secure and sustain employment. Service Modules include:

- Technical Training- Introduction to Warehouse Operation, Warehouse Safety, Numeracy, Customer Service and Human Resources, Computers and Document Use in the Warehouse, Material Handling Equipment, Storage Systems, Competency and Understanding.
- Short Courses- Certification in First Aid, Cardiopulmonary Resuscitation (CPR), Workplace Hazardous Materials Information System (WHMIS), Transportation of Dangerous Goods (TDG), and Forklift.
- Employment Preparation- Learn about transferrable skills and employment barriers impacting a job search. Assistance creating a professional resume and job leads during the active job search. Information on occupational health and safety as well as employment standards are provided.
- General Fitness and Functional Readiness- assistance from a kinesiologist to personalize an exercise program and utilize gym facilities. Education on nutrition, stress management, sick time in the workplace, back care, safe lifting practices, injury prevention and strength conditioning.
- Specific Functional Readiness- Work conditioning that includes a workplace tour, work simulation training and optional work exposure practicum.

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Tentative dates provided below. Contact service provider directly to confirm.

<i>START DATE</i>	<i>END DATE</i>
November 9, 2015	December 18, 2015
January 4, 2016	February 12, 2016
February 29, 2016	April 8, 2016
April 25, 2016	June 3, 2016
June 20, 2016	July 29, 2016
September 6, 2016	October 12, 2016
October 31, 2016	December 9, 2016
January 3, 2017	February 10, 2017
February 27, 2017	April 7, 2017
April 24, 2017	June 2, 2017
June 19, 2017	July 28, 2017
September 5, 2017	October 13, 2017
October 30, 2017	December 8, 2017



No additional living allowance available. Income Support Clients may continue to receive Income Support while participating in these services.



095208305



Transition to Employment Services (TES)



Brendan Bakay
Ph: 403-297-2757



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